

My Room



I can hang out on the mat in my room independently and safely.

In the morning, I transfer out of bed independently and spend some free time on the mat...I can also get back into bed on my own.

I will need assistance to transfer from my wheelchair to the mat

(please see “transfers” page for details)

*****It’s important that I have an area like this where I can be comfortable out of my wheelchair and have access to some of my favorite leisure activities.*****