A Visit to the Grocery Store
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• Explain to your child what the purpose of the trip is. Ask them to think of an item ahead of time that they would like to find at the store.

• As the adult, go ahead of time and take photos of AND then preview the photos with your child.

• Photos should include:
  • Outside of store
  • Landmark near the item
  • Aisle number of the item
  • Aisle the item is including surrounding items (in this case potato chips)
  • Actual item by itself
Grocery shopping trip

• Take photo of landmark near the food item.

• Here it is the checkout counters which are across from the chip aisle.

• This specific item may be harder to find. Start with locating a simpler item. Say, something by the Florist (produce area).

• Once your child is able to locate items near easier-to-identify landmarks, move on to a more difficult task.

• Important note: If your child is unable to identify items in a clear photo of one item on a backlit device, then practice this first.
• If they have a prescribed monocular then have the child practice using the low vision aid to spot the aisle number and product, here the chips.

• Also, the use of a smartphone, if realistic, here the child can take a photo of the aisle sign and enlarge it on their device.
Locating the item

- Have the child scan the aisle to locate the desired item.
- Scanning for objects should be practiced at school and/or at home prior to this activity.
Finding the item!

- Once the child finds the item have them place it into the cart.
- Repeat with another item if time permits.
- Remember this may not be a day where you are able to complete your entire shopping trip.
- However, it will be an amazing day for your child to practice their orientation skills.
- Also, it may be appropriate to send the photos and a description to your child’s cell phone.