



## THE BLINDFOLD CHALLENGE

June 7, 2009

Boston College

[www.Vision5K.org](http://www.Vision5K.org)

**The Vision 5K isn't for just anyone. It's for everyone.** It's for everyone who knows that you don't run with your legs. You run with your heart. Whether you can see the finish line or not, it's still 3.1 miles from the start and we all join together to get there.

**How does it work?** Taking the Blindfold Challenge could not be more simple: put on a blindfold, team up with a sighted guide, and run or walk our 5K without the benefit of your sight. At the same time, help create awareness and foster critical support for the blind and visually impaired by committing to raise a minimum of \$1,500.

**What happens next?** Well, that's a lot more complicated. Completing the Blindfold Challenge will change the way you see things. You'll learn how much confidence and determination you have. It frees you not just to do things in a new way, but to accomplish things you never thought were possible at all.

**By the time you cross the finish line, you'll be a different person.** The Vision 5K is for everyone who knows that no matter how you sign up - sighted or blind, man or woman, runner or walker or wheelchair—the only category that counts at our race isn't marked on a form. It's written in our character when we work together to make a difference.

### **June 7, 2009—Change the way you see things.**

- Agree to raise a minimum of \$1,500 to help support the Blindfold Challenge. Runners and walkers register by May 15, 2009 for the Blindfold Challenge and participate in one training session in April or May.
- Blindfold runners and walkers will be tethered to a sighted guide (Vision 5K will provide you with a guide, or you can bring your own).
- To help with your fundraising efforts, you can develop a personal fundraising page. Visit [www.Vision5K.org](http://www.Vision5K.org).

**Please contact Stephanie Marvel at 617-972-7868 or [Stephanie.marvel@Perkins.org](mailto:Stephanie.marvel@Perkins.org) or visit [www.Vision5K.org](http://www.Vision5K.org)**